

Thank you for your recent weight loss enquiry at Harley Street Bariatrics. After you have read the brochure, please feel free to attend a consultation where you will meet our specialist team to discuss in depth the treatments and the program that will give you the best results.

Why choose Harley Street Bariatrics?

The first elite weight loss centre on Harley Street, the heart of the medical industry in London. We offer international first class surgeons, dieticians, fitness trainers and other weight loss specialists with a new and innovative customer service and aftercare programs. We believe in treating each client as individuals and have the ability to tailor our services to their own specific needs. It is our mission to make your experience as pleasant and comfortable as possible whilst motivating you to reach your own ultimate goal.

Why the name Bariatric?

Bariatric is a specific field of medicine that deals with the causes, prevention and intervention of obesity. The field consists of a variety of professionals working in nutrition, physiotherapy, psychology and weight loss surgery.

Why should you take this step?

Obesity is one of the leading causes of heart disease, diabetes and infertility amongst many other health risks. Taking an active step to better your health is a lifetime investment. Losing extra weight does not only help you achieve a better overall health but also motivates you to improve other aspects of your life.

What treatments do we offer?

Gastric Balloon, a silicone balloon inserted under a local anaesthetic through the mouth, therefore a scar free surgical treatment. No overnight stay is necessary as patient will be admitted and discharged within the same day. The gastric balloon occupies a third of your stomach which gives you a feeling of fullness and decreases meal portions. The balloon stays inside the stomach for six months. During this time period, you will have lost the extra weight due to smaller and more frequent meal portions.

Gastric Band, a silicone band inserted under a general anaesthetic with a one night stay at the hospital. Gastric banding is completely reversible but can be kept for a lifetime with no side effects on pregnancy. The gastric band separates the stomach into two compartments with the upper pouch being the smallest. The smaller pouch will aid you in substantially reducing your meal portions which will help you to achieve a healthier weight and lifestyle.

What aftercare do we offer you?

We offer an in-depth holistic aftercare program that treats the whole individual. We provide this by combining post operative care with nutrition and exercise . We believe in a team effort to deliver an outstanding result. The team will work closely together with each unique individual to maximise their weight loss results and overall well-being.

You will have constant access to your surgeon, dietician and fitness trainer.

- 1 year for the gastric band
- 6 months for the gastric balloon

We believe the aftercare is an essential part of your success and therefore offer the most extensive aftercare program in the UK. We provide the outmost care and attention to your specific needs. We look forward to welcoming you in our aftercare family.

What makes us unique?

We can adjust your aftercare program to suit your needs and time schedule:

- remote video access for your fitness programs
- you own fitness trainer to improve your health and fitness
- nutritional meal plans that offer balanced nutrients with enjoyment for a lifetime
- all consultations, procedures, in-fills, support groups, etc. Are performed on Harley Street at your convenience
- No call centre waiting and messages, you will have direct access to your needed professional from our team
- monthly support groups where you can meet other patients and the dietician
- remote healthy recipe videos and in-depth nutritional advice to assist daily nutrition requirements
- a medical diary which you can access online to view your progress. (Your diary is printed off after you graduate the program.)
- the only weight loss centre to offer continued aftercare after the initial one year or 6 months timeframe. You are able to hand pick which members of the team you want to continue working with.

How can you reach us?

If you would like to come in and meet the team or simply would like ask further questions, please feel to either email us or contact us.

info@harleystreetbariatrics.com

0845 299 6320

Mon –Sat 9am–7pm

www.harleystreetbariatrics.com



Harley Street London